



The Red Chronicles

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ircsassam.org

April, 2026 Edition

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“

The sole meaning of life
is to serve humanity.

”

- Leo Tolstoy

April 2026: Month at a Glance

“Good health and well-being form the foundation of a strong and resilient society.”

The month of April 2026 was marked by a series of health-focused initiatives and awareness programmes organized by the Indian Red Cross Society (IRCS), Assam State Branch and its district branches.

With a strong emphasis on public health, preventive care, and community outreach, the activities conducted during the month aligned with the global theme of World Health Day, reinforcing the importance of accessible health-care and scientific awareness.

Through collaborative efforts and active participation, the Red Cross continued its mission of promoting health awareness, humanitarian service, and community well-being across Assam.



World Health Day Awareness Programme – Dibrugarh

Date: 7 April 2026

Organised by: IRCS, Dibrugarh

On the occasion of World Health Day, an awareness programme on the theme “Health for All, Stand with Science” was organized by the Indian Red Cross Society, Dibrugarh District Branch at Gyan Vigyan Academy.

The programme focused on promoting scientific awareness in healthcare, preventive practices, and the importance of universal access to health services. Students actively participated and gained valuable insights into maintaining a healthy lifestyle.



Mega Free Medical Camp – Margherita

Date: 7 April 2026

Organised by: IRCS, Margherita

A Mega Free Medical Camp was organized at Pengree Tea Estate under the initiative of the Indian Red Cross Society, Margherita Sub-District Branch on the occasion of World Health Day.

The camp provided free medical check-ups, consultation, and basic healthcare services to the local community, particularly benefiting tea garden workers and residents. The initiative emphasized the importance of accessible healthcare and early diagnosis.

Mega Free Medical Camp – Margherita

Date: 7 April 2026

Organised by: IRCS, Assam State Branch

A World Health Day programme was organized at Red Cross Hospital, Chandmari, highlighting the importance of health awareness and preventive care.

The session included discussions on maintaining a healthy lifestyle, disease prevention, and the role of community awareness in achieving better public health outcomes.





Awareness Programme on Health and Social Issues

Date: 22 April 2026

Organised by: IRCS, Margherita

An awareness programme was organized at Tirap Saumar Higher Secondary School under the initiative of the Indian Red Cross Society, Margherita Branch.

The programme focused on raising awareness about health, hygiene, and social issues, encouraging students to adopt responsible behaviours and contribute positively to society.

First Aid Training Programmes (FAT) – April 2026

During April 2026, the Indian Red Cross Society, Assam State Branch conducted three First Aid Training (FAT) programmes in collaboration with various organizations, continuing its efforts to promote emergency preparedness and life-saving skills.

These training programmes collectively trained participants in essential first aid techniques, including CPR, bleeding control, fracture management, and immediate response during medical emergencies.

The sessions emphasized practical learning, quick response, and workplace safety, enabling participants to act effectively in critical situations until professional medical assistance is available.

Closing Note

The activities conducted during April 2026 highlight the Indian Red Cross Society, Assam State Branch's continued commitment to promoting public health, awareness, and community service across the State.

Through focused programmes aligned with World Health Day, and sustained capacity-building initiatives such as First Aid Training, the Society continues to play a vital role in strengthening health awareness, accessibility, and emergency preparedness, while upholding the core principles of humanity and voluntary service.

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Indian Red Cross Society

Assam State Branch

Kedar Road, Fancy Bazar, Guwahati - 781001

Contact No.: 9365864263 | e-Mail: office@ircsassam.org

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